

SOBER FUN GUIDE

There is much more to northern Nevada than meets the eye. There are plenty of ways to have fun without the use of alcohol or drugs. From getting into shape, exploring the outdoors, attending an artistic event, or finding a new hobby, Washoe County has plenty to offer to you and your family. We've zeroed in on 85 activities, and we know there are many more.

If you'd like to recommend additional activities, please email marketing@jtnn.org.



Join Together Northern Nevada
Building Partnerships for a Healthy Community

SEASONAL

- 1. Attend the Reno River Festival for food, music, and kayaking competitions.**
<http://www.renoriverfestival.com/>
Occurs every year in May.
- 2. Celebrate National Bike Month in May! The Truckee Meadows Bicycle Alliance has put together a great calendar of events to celebrate the bicycle all month long.**
<https://bikewashoe.org/events/>
Occurs in May.
- 3. The annual Reno Celtic Celebration is a family-friendly festival located at Bartley Ranch. You can enjoy many aspects of Celtic heritage such as Irish step dancing, bagpipes, and a pipe band competition.**
<http://www.renoceltic.org/>
Occurs in May.
- 4. Put together a team, or be a spectator at the Northern Nevada International Dragon Boat Festival. Takes place at the Sparks Marina.**
<http://www.gwndragonboat.com/Default.asp?id=nevada&l=1>
Occurs in August.
- 5. See amazing views on the Heavenly Zipline tours.**
<https://www.skiheavenly.com/explore-the-resort/activities/epic-discovery/zip-tours.aspx>
💰 Prices vary
- 6. Immerse yourself in Native American culture at the Numaga Indian Days Pow Wow.**
<https://www.crazycrow.com/site/event/numaga-indian-days-pow-wow/>
Occurs Labor Day weekend.
- 7. Nevada's annual Free Fishing Day allows anglers to fish in any public fishing location without a fishing license.**
http://www.ndow.org/fish/free_fishing_day/
Occurs annually on the second Saturday in June.
- 8. Go to the famous Reno Rodeo. Cheer on the junior roping, mutton busting, team roping, barrel racing, bull riding, or go to the carnival.**
<http://www.renorodeo.com>
💰 Occurs every year in June.
- 9. Artown is a summer time art festival that features music, dance, theater, visual arts, history, and workshops all month long.**
<https://artown.org/>
Occurs every year in July.
- 10. Watch some of the most notable celebrities compete in the American Century Celebrity Golf Tournament.**
<http://americancenturychampionship.com/>
💰 Occurs every year in July.
- 11. See thousands of classic cars showcased at the annual Hot August Nights.**
<https://hotaugustnights.net/>
Occurs every year in August.
- 12. Attend The Nugget Rib Cook-Off where nearly 25 of the world's top barbecue chefs serve up more than 240,000 lbs. of ribs for thousands of hungry event-goers in Victorian Square.**
<http://www.nuggetribcookoff.com/>
💰 Occurs every year in late summer.
- 13. Watch up to 100 hot air balloons take flight at the Great Reno Balloon Race, the largest free hot air balloon event in the world.**
<https://renoballoon.com/>
Occurs every year in September.
- 14. Visit Ferrari Farms and enjoy the pumpkin patch, hay rides, campfires, corn mazes, and maybe even the zombie paintball hunt.**
<https://ferrarifarms.org/>
💰 Open in the fall.
- 15. Watch the Reno Air Races. This annual race draws over 150,000 aviators and spectators from all over the world.**
<https://www.visitrenotahoe.com/featured-events/national-championship-air-races-2/>
💰 Occurs in September.
- 16. See or participate in the Parade of Lights to ignite your holiday cheer.**
<https://hiddenvalleyhomeowners.com/category/public/hidden-valley-parade-of-lights/>
Open from late November until Christmas day, hours vary seasonally.

OUTDOORS

- 17. Walk along the Truckee River and identify the local flora and fauna with printable guides available online.**
<http://truckeeriverguide.org/>
Available 24/7.
- 18. Fly fish for trout in the Truckee River and Pyramid Lake. Get tips and information at the Reno Fly Shop.**
<http://renoflyshop.com/>
Available seasonally.
- 19. Explore a variety of hiking trails at the Galena Creek Visitor Center. Guided tours are available on Saturdays year-round (weather permitting). The visitor center also hosts biking and hiking competitions.**
<http://www.galenacreekvisitorcenter.org>
Open Tuesday through Sunday, 9am to 6pm
- 20. Hike Hunter Creek Trail through a forest along creeks and mountains, and finish at a waterfall**
<http://www.alltrails.com/trail/us/nevada/hunter-creek-trail--2>
Open weather-permitting.
- 21. Climb 10,776 feet to the top of Mt. Rose.**
<http://www.alltrails.com/trail/us/nevada/mount-rose-trail>
Available seasonally.
- 22. Mountain bike a variety of trails from beginner to advanced such as Dry Pond, Thomas Creek, Evans Creek, Ophir Creek, Keystone Canyon and more. Get tips below:**
<http://www.visitrenotahoe.com/reno-tahoe/what-to-do/land-adventures/bike/mountain-bike-trails>
- 23. See local wildlife in its natural habitat at the Oxbow Nature Study Area.**
http://www.ndow.org/Education/Wildlife_Ed/Education_Sites/Oxbow_Nature_Study_Area
Open sunrise to sunset.
- 24. Sneak away to Hidden Beach at Lake Tahoe.**
<http://www.tahoepublicbeaches.com/hidden-beach/>
Open 24/7.
- 25. Enjoy snowshoeing or full moon hikes around Truckee Meadows. Visit the Truckee Meadows Parks Foundation for more information.**
<http://www.tmparksfoundation.org/>
Office hours are Monday through Friday, 9am to 5pm
- 26. The Sparks Marina features sandy beaches, volleyball courts, a two-mile-long walking path, recreational swimming, scuba diving, paddle-boarding, fishing, and boating.**
<http://www.cityofsparks.us/residents/parks-and-facilities/sparks-marina>
Open daily, 6am to 10pm
- 27. See thousands of bats emerge at dusk in late summer or early fall at the McCarran Bridge in Sparks.**
<http://renomomsblog.com/2015/07/15/going-batty-in-reno-a-free-and-relatively-unknown-kid-activity/>
Available 24/7.
- 28. Play disc golf on one of three disc golf courses. Play for free or join the Reno Disc Golf Association.**
<https://www.dgcoursereview.com/course.php?id=3258>
\$ Available daily.
- 29. Take a walk around Virginia Lake Park or go fishing on the pier.**
<http://www.reno.gov/home/showdocument?id=22563>
Open 24/7.
- 30. Kayak, tube, or raft the Truckee River with Sierra Adventures.**
<http://www.wildsierra.com/water.htm>
\$ Office hours are Monday through Friday, 10am to 3pm
- 31. Get some fresh air and enjoy strolling (or running) through any of the parks you can find on the Truckee Meadows Parks Directory.**
<https://washoe.maps.arcgis.com/apps/MapSeries/index.html?appid=1ed70b2289d94a34b2a81bfdf94e8f5>

ENTERTAINMENT

- 32. Put together a group of your smartest friends and see if you can beat the clock at an Escape Room.**
<https://www.breakthroughreno.com/>
<https://www.brainyactzescaperooms.com/reno-nv/>
<https://www.puzzleroomreno.com/>
Ⓢ Hours vary by location.
- 33. Experience a little bit of hang-gliding, bungee jumping, and sky diving all at once and strap yourself into the Ultimate Rush Bungee Jump at the Grand Sierra Resort.**
<https://www.grandsierraresort.com/activities/grand-adventure-land>
Ⓢ Open Friday through Sunday, 11am to 5pm
- 34. Ride the 65-foot tall Ferris Wheel at Scheels in Sparks.**
<https://www.visitrenotahoe.com/reno-tahoe/what-to-do/shopping/scheels-sporting-goods>
Ⓢ Open Monday through Saturday, 9am to 9pm and Sunday, 10am to 6pm
- 35. Half scavenger hunt, half self-guided tour, Puzzling Adventures is your own personal Amazing Race®. Take a tour of Reno by answering trivia and solving puzzles.**
<http://puzzlingadventures.com/index.php>
Ⓢ Available 24/7.
- 36. Learn to scuba dive with Adventure Scuba. Classes range from beginner to advanced and include introductory courses, advanced open water, snorkeling, freediving, rescue classes, refresher courses, and Divemaster certifications.**
<http://renoscuba.com/>
Ⓢ Open Monday through Friday, 10am to 6pm and Saturday, 10am to 5pm
- 37. Observe a variety of wildlife at the Sierra Safari Zoo or the Animal Ark, a wildlife sanctuary.**
<http://www.sierrasafarizoo.org>
<http://animalark.org/>
Ⓢ Hours vary by location.
- 38. Hit the slopes at a variety of local ski resorts such as Mt. Rose, Diamond Peak or Sky Tavern.**
<https://www.visitrenotahoe.com/reno-tahoe/what-to-do/ski/search>
Ⓢ Hours vary by resort.
- 39. Go ice skating at Reno's Downtown Ice Rink**
<http://www.newtoreno.com/reno-ice-skating-rink.htm>
Ⓢ Hours vary seasonally.
- 40. Compete in a 5K, 10K, half marathon, full marathon, or a junior 1-mile race at the Downtown River Run.**
<http://www.downtownriverrun.com/>
Event dates vary.
- 41. Play golf at one of the many golf courses in the Reno-Sparks area.**
<http://www.renogolf.com/courses/>
Ⓢ Hours vary by course.
- 42. Catch a Reno Aces ballgame. The Greater Nevada Field offers family-friendly entertainment and delicious food.**
<http://www.milb.com/index.jsp?sid=t2310>
Ⓢ Dates and times vary.
- 43. Support the University of Nevada, Reno's Wolf Pack and watch a variety of events such as football games, soccer matches, and track meets just to name a few.**
<http://www.nevadawolfpack.com>
Ⓢ Dates and times vary.
- 44. Improve your aim at High Desert Archery or Wasting Arrows.**
<https://highdesertarcheryreno.com/>
<http://wastingarrows.com/>
Ⓢ Hours vary by location
- 45. Climb the world's tallest artificial rock wall at Base Camp in the Whitney Peak Hotel.**
<http://whitneypeakhotel.com/climbing/>
Ⓢ Open daily, 6am to 10pm

ENTERTAINMENT CONT.

46. Test your batting skills at Tommy's Grandstand Batting Cages Grill and Deli.

http://www.tommysgrandstand.com/index_2.html

💰 Open Tuesday through Friday, 11am to 9pm, weekend hours vary seasonally.

47. Support Reno's newest athletic team, the Reno 1868 FC Soccer Team. The season runs from March to September with playoffs in October

<http://www.reno1868fc.com/>

💰 Dates and times vary.

48. At Wild Island Family Adventure Park you can go bowling, race go-karts, play laser tag, or putt mini golf. During the summer, visit the waterpark which features a variety of splash pools and water slides suitable for all ages.

<http://www.wildisland.com/>

💰 Hours vary by activity.

49. Grab your skates and go to Roller Kingdom. Join the open skating sessions or take a lesson.

<http://www.rollerkingdom.org/>

💰 Hours vary

50. Play laser tag or bounce around at EZAIR Trampoline Park and Laser Tag Center, Fly High, or Urban Air.

<http://www.ezairsports.com/>

https://www.urbanairtrampolinepark.com/locations/nevada/reno/attractions?gclid=EAlaIqobChMl4s_ihJeo4QIVLR-tBhofgQihEAAAYASAAEgL3AvD_BwE

<https://reno.flyhightrampolinepark.com/>

💰 Hours vary by location.

51. Cool down in the summer by visiting one of Washoe County's public swimming pools.

<http://www.reno.gov/government/departments/parks-recreation-community-services/aquatics>

💰 Hours vary seasonally.

52. Visit one of the several local arcades for some affordable family entertainment.

<http://www.biggestlittleweekend.com/hotel/attributes/arcade.html>

💰 Hours vary by location.

53. Race go-karts at a local track.

<https://www.grandsierraresort.com/activities/grand-adventure-land>

<http://needzspeed.com/>

<http://www.wildisland.com/go-karts/>

💰 Hours vary by location.

54. The University of Nevada Reno's Summer Series is a family-friendly event featuring barbecues, movies, and concerts outside of the student union on the campus.

<http://www.unr.edu/365/learning-options/summer-session/summer-events>

Event dates vary.

55. Attend a family concert performed by The Reno Philharmonic.

<http://renophil.com/performances/>

Free performances occur every Fourth of July and fall.

56. Enjoy a variety of music genres at the Washoe County Summer Concert Series.

<https://www.washoecounty.us/>

Concert dates and times vary.

57. Visit the Nevada Museum of Art.

<http://www.nevadaart.org/>

💰 Open Wednesday 10am to 6pm

Thursday 10am to 8pm, and

Friday through Sunday 10am to 6pm.

58. Enjoy a play or take acting classes at the Reno Little Theater.

<http://renolittletheater.org/>

💰 Performance and class dates vary. Box office hours are Wednesday through Saturday 4:30pm to 7:30pm., and Sunday 11am to 2pm.

59. Enjoy the work of local artists and musicians or take a DIY class at The Holland Project.

<http://www.hollandreno.org/>

💰 Admission and class fees vary; Dates and times vary.

ENTERTAINMENT CONT.

- 60. The Bartley Ranch Regional Park & Amphitheater** features an equestrian arena, hiking trails, a performance venue, and the historic Huffaker Schoolhouse.
https://www.washoecounty.us/parks/parks_and_trails/park_directory/truckee_river_district/bartley_ranch_regional_park.php
Hours vary seasonally.
- 61. See a ballet, concert, or a Broadway show at the Pioneer Center for the Performing Arts.**
<http://pioneercenter.com/>
Prices vary by event; Event dates vary. Box office hours are Monday through Friday 11am to 6pm
- 62. Attend the Nevada Chamber Music Festival, a classical music festival organized by the Reno Chamber Orchestra.**
<http://www.renochamberorchestra.org/>
\$ Occurs every year in winter.
- 63. The Reno Latin Dance Fest** hosts performer showcases, dance workshops, beginner bootcamps, and dance parties.
<http://www.renolatindancefest.com/>
\$ Occurs every year in January.
- 64. Bunny Yoga!! Support the Nevada Humane Society, find your center, and pet some bunnies!**
<https://www.goodelephant.co/reno>
\$ Every 1st Wednesday at 5:30pm and every 3rd Saturday at 3pm
- 65. Enjoy the latest box office hits at a fraction of the price on \$5 movie Tuesdays.**
<http://thesummitreno.com/event/5-movie-tickets>/<https://www.cinemark.com/nevada/century-riverside-12>
<https://www.cinemark.com/nevada/century-park-lane-16>
\$

ARTS & CULTURE

- 66. Nevada Bugs & Butterflies in Lemmon Valley** offers hands-on experience with Nevada's native insects.
<http://nevadabugs.org/>
Hours vary seasonally.
- 67. Visit The Quad Makerspace at the Downtown Reno library.** Learn new technology, more about science, and practice artistic expression.
Thursday afternoons from 3pm to 6pm
<https://www.washoecountylibrary.us/services/studio775.php>
- 68. Explore Reno's public art on the ArtSpot Reno Mural and Public Art Tour.** Use the interactive map to guide you to all your favorite murals.
<http://artspotreno.com/midtown-mural-tour/>
- 69. Take a walk through the galleries at the Nevada Museum of Art.** See some great artwork, have lunch at Chez Louie, and enjoy FREE Admission for all visitors on the second Saturday of every month.
\$ Open Wednesday through Sunday.
- 70. Refresh your knowledge of American history with the "Walk of Presidents" at Scheels in Sparks.** Other free attractions include the two, 16,000 gallon aquariums full of brilliantly colored fish or the 35-foot tall, 800 square feet Wildlife Mountain.
<https://www.scheels.com/store?StoreID=074>
Open Monday through Saturday, 9am to 9pm and Sunday, 10am to 6pm.

ARTS & CULTURE CONT.

- 71.** Take a tour of the historical Lake Mansion, "Reno's first address."
<https://www.artsforallnevada.org/event-info/friday-tours-at-the-lake-mansion/>
Tours take place every Friday from noon to 12:30pm
- 72.** Take a glimpse into space the Fleischmann Planetarium and McLean Observatory. The planetarium features stunning exhibits and spectacular shows in the dome theater.
<http://planetarium.unr.nevada.edu/index.html>
🕒 Hours vary seasonally.
- 73.** The Galena Creek Visitor Center hosts Science Exploration Camps every fall and spring and Environmental Science and Service Learning Camps every summer.
<http://www.galenacreekvisitorcenter.org/>
🕒 Dates vary by camp.
- 74.** See the Terry Lee Wells Nevada Discovery Museum and enjoy the various science exhibits.
<https://www.nvdm.org/>
🕒 Open Tuesday 10am to 5pm, Wednesday 10am to 8pm, and Thursday through Sunday 10am to 5pm.
- 75.** Starting a garden has never been easier with the help of Nevada Master Gardeners and their Grow Your Own, Nevada! program. Multiple classes on various gardening topics are available.
<http://www.growyourownnevada.com/>
🕒 Dates vary by class.
- 76.** Visit a historical museum or an arboretum at the Wilbur D. May Center.
<https://www.washoecounty.us/parks/maycenterhome/>
🕒 Open Wednesday through Saturday 10am to 4pm, and Sunday noon to 4pm.
- 77.** Get revved up about car history and see more than 200 different automobiles at the National Automobile Museum.
<http://www.automuseum.org>
🕒 Open Monday through Saturday 9:30am to 5:30pm and Sunday 10am to 4pm.
- 78.** Learn something new by taking a community enrichment class at Truckee Meadows Community College.
<http://www.tmcc.edu/workforce-development-community-education/programs/>
🕒 Times vary
- 79.** Visit the Sparks Heritage Museum to learn about Nevada history.
<http://sparksmuseum.org/>
🕒 Open Tuesday to Friday 11am to 4pm, Saturday 1pm to 4pm.

FOOD

- 80.** Visit one of many Washoe County's farmers markets to enjoy fresh produce and support local entrepreneurs.
<http://www.shirleysfarmersmarkets.com/>
Hours vary.
- 81.** Stroll through Reno's downtown or midtown districts with Reno Food Tours. Sample your way through six different local eateries and get a taste of what local chefs have to offer.
<http://www.renofoodwalks.com/>
🕒 Hours vary.

FOOD CONT.

- 82.** Take a cooking class at Nothing To It! Culinary Center.

<http://nothingtoit.com/>

💰 Open Monday and Saturday 10am to 4pm, Tuesday through Friday 10am to 5pm.

- 83.** Call up your friends and enjoy some great local food at Food Truck Friday.

<https://www.facebook.com/RenoStreetFood>

💰 Every Friday from May 17 through September 27, 4pm to 9pm at Idlewild Park.

VOLUNTEER

- 84.** Enjoy helping sort or serve food at the Food Bank of Northern Nevada, Reno Sparks Gospel Mission, or Catholic Charities of Northern Nevada.

<http://www.fbnn.org>

<https://rsgm.org>

<https://ccsnn.org>

- 85.** Volunteer to help plant, harvest, and prepare crops at Urban Roots. Support school and farm-based opportunities for teachers, students, families, and future farmers.

<http://www.urgc.org/>

Open Monday through Friday, 9am to 4:30pm and Saturday 9am to noon.

