

# Just The Facts:

## K2/ SPICE

K2 and Spice are just two of the many names or brands for synthetic designer drugs that are intended to mimic THC, the main psychoactive ingredient of marijuana. They are often sold under the guise of “herbal incense” or “potpourri” and marked “not intended for human consumption.”



### HOW IS IT USED?

The most common use is smoking (using a pipe, water pipe, or rolling papers).

Liquid cannabinoids are also sold and designed to be vaporized through e-cigarettes.

### WHAT ARE THE EFFECTS?

**On the mind:** psychotic episodes, intense hallucinations, severe agitation, disorganized thoughts, paranoid delusions, and violence.

**On the body:** elevated heart rate and blood pressure, unconsciousness, tremors, seizures, vomiting, hallucinations, agitation, anxiety, pallor, numbness and tingling.

Overdose deaths have been attributed to the abuse of synthetic cannabinoids, including death by heart attack.



# Just The Facts:

# BATH SALTS

Synthetic stimulants often referred to as “bath salts” are synthetic cathinones that stimulate the central nervous system and are designed to mimic effects similar to those produced by cocaine, meth and MDMA (ecstasy).

They can be found at smoke shops, head shops, convenience stores, adult book stores, gas stations, or on the Internet and are often marketed as “bath salts,” “research chemicals,” “plant food,” “glass cleaner,” and labeled “not intended for human consumption.”

## HOW IS IT USED?

Bath salts are usually ingested by sniffing/snorting. They can also be taken orally, smoked, or put into a solution and injected into veins.

## WHAT ARE THE EFFECTS?

**On the mind:** euphoria, alertness, confusion, acute psychosis, agitation, combativeness, and aggressive, violent, self-destructive behavior.

**On the body:** rapid heartbeat, hypertension, hyperthermia, prolonged dilation of the pupils of the eyes, breakdown of muscle fibers and contents are released into bloodstream, teeth grinding, sweating, headaches, palpitations, seizures, paranoia, hallucinations, and delusions.

Overdose can result in death.



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