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**JTNN** Join Together Northern Nevada  
*Building Partnerships for a Healthy Community*

## March 2014 Newsletter

### Training Opportunity

JTNN is partnering with the University of Nevada School of Medicine to offer three free webinars to physicians, nurses, pharmacists and other healthcare workers beginning on March 13. The webinars will cover the new prescription drug monitoring program, whether or not to prescribe opioids, and the human side of addiction.

Read the details and register [here](#).

### Spring Break is Coming

Spring break is fast approaching. If you have a college student who's making plans for traveling out of the state or country, make sure he or she knows the laws governing the spring break destination. Emphasize that alcohol and drugs cloud judgment and increase risky decision making. Encourage your son or daughter to keep alert and stay in groups or use the buddy system, and make sure he or she carries a photo ID, health insurance card, cell phone, and your contact information.

### Mu-HA - Rage 'n Remember Music Fest



### News and Resources

[A Heroin Overdose Does Not Make You a Scumbag](#)

[Binge Drinking is Contagious](#)

[Legal Marijuana Means More Kids in the ER](#)

[Target America](#)

[Teens' Energy Drink Habit Linked to Alcohol and Drug Use](#)

Last Friday night was a rocking good time at The Joe as Crush, Grant Davis, Postwar and Ekoh performed at the fourth annual Mμ-HA music festival. Thank you to the committed student volunteers from University of Nevada Reno's N-RAP and members of JTNN's heroin committee for making the event possible. Thank you to our sponsors and generous donors: Stacie Mathewson, Hawkins Foundation, John Kapeghian, Boys and Girls Clubs of Mason Valley, Chuy's Mexican Restaurant, Rumors Midtown Salon, and Trader Joe's.



## Drinking Age of 21 Works

Researchers analyzed studies conducted since 2006 and found that a minimum drinking age of 21 is associated with a reduced rate of drunk driving crashes among American youth. That age limit also lowers young people's risk of other health threats associated with heavy drinking such as dating violence, unsafe sex, and suicide.

A 2011 study found that 36 percent of U.S. college students said they'd gone binge drinking (five or more drinks in one sitting) within the past two weeks. That was 7 percent lower than in 1988, the first year that all states had a legal drinking age of 21.

Studies have shown that student drinking declines when college towns boost enforcement of the law and warn students about the crackdown.

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Check out the JTNN  
Calendar of Events [here](#).

[Donate Now](#)

## Seeking a Drug and Alcohol Evaluation?

The Northern Nevada Evaluation Center, an arm of JTNN, is a nonprofit certified, court-approved drug and alcohol evaluation center. The center is located next door to JTNN at 505 S. Arlington, Suite 108, and can provide evaluations within 24-48 hours of an inquiry. **Call 775-329-5006 for information.**

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## Zohydro is Coming to a Pharmacy Near You

Within the next month it's likely a long-acting, hydrocodone-based narcotic, 5 to 10 times more powerful than OxyContin, will be available for sale. Health care and addiction treatment groups, state attorney generals, and members of congress are urging the FDA to revoke its approval of the drug Zohydro citing the parallel increase in opioid prescribing and overdose deaths over the past 15 years. Prescription drug abuse continues to be one of the nation's most concerning drug problems and one that the Centers for Disease Control (CDC) and Prevention classifies as "an epidemic."

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*Sponsored (in part) by SAMHSA and/or the Substance Abuse Prevention and Treatment Agency of Nevada (SAPTA).*

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