

The Parent Project

Empowering Parents

Transforming Teens



Parents with difficult or out-of-control adolescents ages 11-19, **you are not alone!** Over **500,000 parents** across the country have participated in this **FREE** program designed to help you become a better parent.

Topics

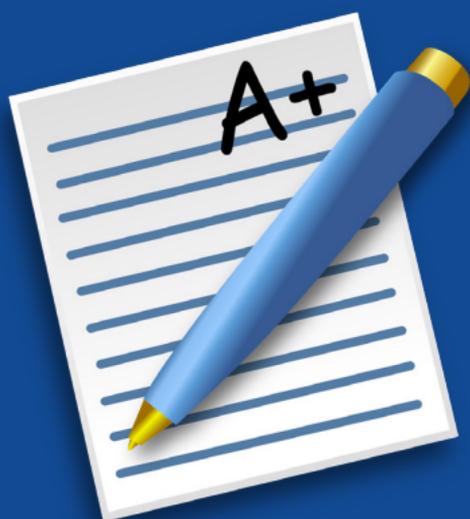
- Arguing and family conflict
- Poor school performance
- Teen alcohol and other drug use
- Runaways
- Early teen sexuality
- Youth gangs
- Teen violence and bullying
- Teen signs and threats of suicide

What will I learn?

- Promoting family unity
- Managing conflict in the home
- Teen sleep and diet habits
- Building positive self concepts
- Expectations, standards and values

Goals

- Reduce family conflict
- Improve school attendance
- Reduce juvenile crime and recidivism
- Higher graduation rates



To register for this FREE 10-week program, contact Ken Gallop at Join Together Northern Nevada:

Phone: 775-324-7557

Email: training@jtnn.org

parentproject.com
jtnn.org



Join Together Northern Nevada
Building Partnerships for a Healthy Community

This publication is made possible, in part, by a grant from the Nevada Division of Public and Behavioral Health.